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The Modibodi Sustainability Project:

Enhancing staff wellbeing and reducing environmental impact

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Emergency Sanitary Product Trial

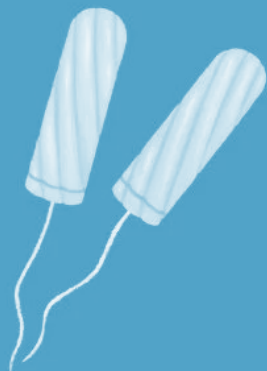
- May 2024: Small test of change to explore emergency sanitary product provisions
- Inspired by work at YAS
- Supported by NWSA Charity, IPC, Facilities, and Wellbeing
- October 2024: Project scaled up
- March 2026: Final scale up and proposal for long-term maintenance of the products





4.3 billion

Disposable menstrual products are used every year



18,000

Menstrual products end up on beaches worldwide annually



11,000

The average number of sanitary products a woman uses in her lifetime

2 billion

Menstrual items are flushed down toilets in the UK every year





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“Gives me one less thing to worry about during a long shift”

“I feel like my welfare matters to NWAS.”

“They feel like normal underwear. I can focus on my patients, not my period”

“Love love love This initiative! This is such a basic need and necessity for women in life.”

“They are comfortable and discreet. I wear them all the time now.”

“I have lived with heavy menstrual bleeding since I was 9 years old. This initiative has made me feel so understood and has helped me more than you could ever know.”





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Small Acts of Kindness

